

Combination Pain & Wound Medication (Topical Application)

Benefits

- Benefits - Please review the last page of this handout for a list of possible benefits.
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

Side Effects

- Possible side effects include skin irritation, increase in heart rate, swelling in the extremities and face, vomiting, nervousness, heartburn, sleepiness, constipation, dizziness, headache, and dry mouth.
- Severe side effects are rare but may occur. Severe side effects include hives/rash, shortness of breath, rapid heart rate, swelling of the extremities, severe vomiting/dizziness or headache, confusion, or blurred vision.
 - If you experience a severe side effect while taking this medication, please call your physician immediately. You may also report the side effects to the FDA Med-Watch Program at 1-800-FDA-1088.

Administration

- Always follow the directions on your prescription label on how to take your medication.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.

Duty to Warn for Topical Medications

It is possible for topical medications to be transferred on to other individuals through casual contact which can lead to unwanted side effects in those individuals. To prevent their exposure, don't allow skin-to-skin to contact of the treated area with other adults, children or pets. Keep the treated area covered with loose fitting clothing or lightly wrapped gauze until the drug is completely absorbed, which can take up to 4 hours.



1274 Anna J Stepp Rd. Ypsilanti, MI 48197
855-GOO-BLUE (855-466-2583) Toll Free Phone
855-445-1119 Toll Free Fax
info@valiantrx.com
www.valiantrx.com

Hand washing does not remove all the drug residue from your skin. It is best to apply medication with a disposable glove. Ask your pharmacist about any questions or concerns you might have.

Additional Information/Warnings

- Avoid drinking alcohol while taking certain medications. Ask your pharmacist for more information.
- Do not suddenly discontinue medication without consulting your physician or pharmacist. You may experience nausea, headache, and malaise.
- Avoid activities requiring mental alertness or coordination until drug effects are realized. Most patients have few or limited side effects when using topical medications but be aware that some of the medications can cause drowsiness, even when applied to the skin.
- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over-the-counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about the medicines, you are taking or would like more information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please refer to receipt for a list of ingredients in your medication.



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Storage

- Refer to the label on your prescription for refrigeration requirements (do not freeze).
 - If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store it in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
 - If refrigeration is required, store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit www.bigredbarrel.com

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all the refills prescribed.
 - The prescription has reached the expiration date of one year (or six months for controlled drugs).
 - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

Drug - Pain Benefit

Amitriptyline - Helps slow pain transmission

Baclofen - Helps relieve muscle spasm

Betamethasone - Corticosteroid is used to treat skin inflammation and irritation, reduces redness, dryness, and itching.

Carbamazepine - Anti-Seizure medication used commonly in pain to slow down pain transmission



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Cyclobenzaprine - Helps relieve muscle spasm and slow pain transmission

Clonidine - Medication that can lower blood pressure and works on pain called sympathetically mediated pain

Diclofenac - Reduces inflammation which helps relieve pain and swelling

DMSO - Topical anti-inflammatory which helps reduce pain and swelling. Helps increase absorption of other medications (May leave a garlic like taste in the mouth when applied to skin)

Doxepin - Anti-depressant medication used commonly in pain to decrease pain intensity and can help with skin irritation and itching

Gabapentin - Helps relieve nerve pain such as burning pain

Indomethacin - Non-steroidal anti-inflammatory to help reduce pain and inflammation

Ketamine - Opioid like medication which helps block a specific receptor which lowers pain intensity

Ketoprofen - Reduces inflammation which helps relieve pain and swelling

Lidocaine - Local anesthetic agent-helps dull the pain

Morphine Sulfate - Narcotic agent which blocks pain signals

Methylsulfonylmethane (MSM) - Topical anti-inflammatory supplement that helps reduce pain and swelling

Piroxicam - Non-steroidal anti-inflammatory to help reduce pain and inflammation

Topiramate - Anti-seizure medication used commonly in pain to slow down pain transmission

Triamcinolone (TMC) - Corticosteroid used to treat the discomfort of skin irritation by reducing redness, dryness and itching – tell your doctor if you are taking cancer chemotherapy agents, have diabetes, glaucoma, cataracts, circulation problems or immune disorders

Drug - Wound Healing Benefit

Fluticasone Propionate - Corticosteroid which reduces inflammation and helps with healing

Gentamicin - Antibiotic active against specific bacteria

Itraconazole - Antifungal agent used to treat fungal infections

Levofloxacin - Antibiotic used to treat serious bacterial infections

Metronidazole - Antibiotic used to treat infections caused by uncommon bacteria

Misoprostol - Synthetic prostaglandin that accelerates wound healing

Mupirocin - Antibiotic used to treat impetigo and other skin infections caused by bacteria.

Nifedipine - Promotes blood vessels to dilate which in turn increases blood flow and helps with healing

Phenytoin - Promotes granulation (part of the tissue healing process) in a wound

Urea - Promotes shedding of scaly skin resulting in softening of areas, which improves blood flow to the wound and promotes healing

Vancomycin - Antibiotic used to treat infections caused by specific bacteria

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.