

Phentermine/Topiramate

Benefits

- Possible uses include treatment of obesity.
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

Side Effects

- Possible side effects include dry mouth, central nervous system stimulation, difficulty sleeping, flushing, loss of appetite, dizziness, nervousness, fatigue, fever, and drowsiness.
- Severe side effects are rare but may occur. Severe side effects include liver failure, glaucoma, suicidal thoughts, insufficient blood supply to an organ or part of the body, and psychotic disorder.
 - If you experience a severe side effect while taking this, please call your physician immediately. You may also report the side effects to the FDA Med-Watch Program at 1-800-FDA-1088.

Administration

- Always follow the directions on your prescription label on how to take your medication.
- Oral Forms
 - Capsule: swallow whole, do not crush or chew.
 - Tablet: follow the directions on your prescription.
 - Oral liquid: swallow prescribed amount using measuring tool provided.
 - Sublingual tablet: place under the tongue and let tablet dissolve.
- Suppositories: unwrap and insert into designated area.
 - Do not swallow this medication. If this medication is accidentally swallowed, contact 911.
 - For more information on how to administer a suppository, refer to the label on your medication or talk to your pharmacist.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.



1274 Anna J Stepp Rd. Ypsilanti, MI 48197
855-GOO-BLUE (855-466-2583) Toll Free Phone
855-445-1119 Toll Free Fax
info@valiantrx.com
www.valiantrx.com

Additional Information/Warnings

- Avoid pregnancy and report a pregnancy that occurs during therapy.
- Use an additional form of contraception due to decreased effectiveness of estrogen-containing contraceptives.
- Avoid activities requiring mental alertness or coordination until drug effects are realized, as drug may cause dizziness.
- Report any deterioration in exercise tolerance or symptoms of primary pulmonary hypertension or valvular heart disease.
- Avoid late evening administration as this may result in difficulty sleeping.
- Avoid concomitant weight loss medications while taking this drug.
- Avoid alcohol during drug therapy.
- Report symptoms of metabolic acidosis, sweating, or above normal body temperature.
- Report new or worsening depression, suicidal thoughts or behavior, or unusual changes in mood or behavior.
- Maintain adequate fluid intake to minimize risk of kidney stones.
- Avoid sudden discontinuation, as this may cause increased seizure activity.
- If more than one dose is missed, consult physician.
- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over-the-counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about



1274 Anna J Stepp Rd. Ypsilanti, MI 48197
855-GOO-BLUE (855-466-2583) Toll Free Phone
855-445-1119 Toll Free Fax
info@valiantrx.com
www.valiantrx.com

the medicines, you are taking or would like more information, check with your doctor or pharmacist.

- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please refer to receipt for a list of ingredients in your medication.

Storage

- Refer to the label on your prescription for refrigeration requirements (do not freeze).
 - If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store it in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
 - If refrigeration is required, store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit www.bigredbarrel.com
- Contamination may be present if the capsule is slightly damaged or cracked for liquids if a color change occurs or dark spots appear. If any of which are present do not use and contact pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.
- For creams if the color changes or separates pause use and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative. Contamination may occur if the closed container device is tampered with. Do not open the device. It is designed to deliver the correct dose when used properly.

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all the refills prescribed.
 - The prescription has reached the expiration date of six months.



1274 Anna J Stepp Rd. Ypsilanti, MI 48197
855-GOO-BLUE (855-466-2583) Toll Free Phone
855-445-1119 Toll Free Fax
info@valiantrx.com
www.valiantrx.com

- When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.