

Anastrozole

Benefits

- Possible uses include treatment of breast cancer or reducing estrogen hormone levels.
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- Doctors may prescribe anastrozole in lower doses for men. Talk to your pharmacist or doctor if you have any questions about the differences in precautions or side effects.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

Side Effects

- Possible side effects include hot flashes, changes in mood, increased blood pressure, nausea, vomiting, diarrhea, arthritis, backache, headache, weakness, insomnia, cough, and sore throat.
- Severe side effects are rare but may occur. Severe side effects include rash/hives/itching, swelling of the face, throat, or neck; trouble breathing, chest pain, or tightness in chest or throat; increased cholesterol or blood clots (stroke or heart attack); decreased bone density; and breast cancer.
 - If you experience a severe side effect while taking this medication, please call your physician immediately. You may also report the side effects to the FDA Med-Watch Program at 1-800-FDA-1088.

Administration

- Always follow the directions on your prescription label on how to take your medication.
- Oral Forms
 - Capsule: swallow whole, do not crush or chew.
 - Tablet: follow the directions on your prescription.
 - Oral liquid: swallow prescribed amount using measuring tool provided.
 - Sublingual tablet: place under the tongue and let tablet dissolve.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.

Duty to Warn for Topical Medications

It is possible for topical medications to be transferred on to other individuals through casual contact which can lead to unwanted side effects in those individuals. To prevent their exposure, don't allow skin-to-skin to contact of the treated area with other adults, children or pets. Keep the treated area covered with loose fitting clothing or lightly wrapped gauze until the drug is completely absorbed, which can take up to 4 hours.

Hand washing does not remove all the drug residue from your skin. It is best to apply medication with a disposable glove. Ask your pharmacist about any questions or concerns you might have.

Additional Information/Warnings

- This medication can be harmful to an unborn child. Do not take this medication if you are pregnant or plan to become pregnant. Do not become pregnant while you are taking this medication. Use two forms of non-hormonal contraception to avoid pregnancy during therapy and for at least two months after therapy. Use extreme caution with this medication around pregnant women.
- Immediately report new or worsening chest pain or shortness of breath.
- While taking this medication, your cholesterol levels may rise, and your bone mineral density may lower. Speak with your physician to determine your risk of these side effects and the appropriate way to monitor them.
- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over-the-counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about



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the medicines, you are taking or would like more information, check with your doctor or pharmacist.

- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- **Please call 72 hours in advance for refills 734-545-1117 or toll free at 855-466-2583**
- Please refer to receipt for a list of ingredients in your medication.

Storage

- Refer to the label on your prescription for refrigeration requirements (do not freeze).
 - If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store it in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
 - If refrigeration is required, store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit www.bigredbarrel.com
- Contamination may be present if the capsule is slightly damaged or cracked for liquids if a color change occurs or dark spots appear. If any of which are present, do not use and contact pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.
- For creams if the color changes or separates pause use and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative. Contamination may occur if the closed container device is tampered with. Do not open the device. It is designed to deliver the correct dose when used properly.

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all the refills prescribed.



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- The prescription has reached the expiration date of one year (or six months for controlled drugs).
 - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.