

## Face Cream

### Benefits

- Possible uses include reducing redness, helping smooth fine lines and wrinkles, and improving skin elasticity. See the last page of this leaflet for a list of possible ingredients in your medication. See your prescription label or call the pharmacy for a complete list of ingredients in your custom compounded cream.
  - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

### Side Effects

- Possible side effects include application site irritation, redness, hives, and itching.
- There are no reported severe side effects, but it is possible for severe side effects to occur. If you experience a severe side effect while taking this medication, please call your physician immediately. You may also report the side effects to the FDA Med-Watch Program at 1-800-FDA-1088.

### Administration

- Always follow the directions on your prescription label on how to take your medication.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.

### Duty to Warn for Topical Medications

It is possible for topical medications to be transferred on to other individuals through casual contact which can lead to unwanted side effects in those individuals. To prevent their exposure, don't allow skin-to-skin contact of the treated area with other adults, children, or pets. Keep the treated area covered with loose fitting clothing or lightly wrapped gauze until the drug is completely absorbed, which can take up to 4 hours.

Hand washing does not remove all the drug residue from your skin. It is best to apply medication with a disposable glove. Ask your pharmacist about any questions or concerns you might have.

### Description



1274 Anna J Stepp Rd. Ypsilanti, MI 48197  
855-GOO-BLUE (855-466-2583) Toll Free Phone  
855-445-1119 Toll Free Fax  
info@valiantrx.com  
www.valiantrx.com

- If cream changes color or separates. Pause use and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.

### **Additional Information/Warnings**

- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over-the-counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about the medicines, you are taking or would like more information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please refer to receipt for a list of ingredients in your medication.

### **Storage**

- Refer to the label on your prescription for refrigeration requirements (do not freeze).
  - If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store it in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
  - If refrigeration is required, store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock



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bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.

- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit [www.bigredbarrel.com](http://www.bigredbarrel.com)
- Contamination may occur if the closed container device is tampered with. Do not open the device. It is designed to deliver the correct dose when used properly.

### **Prescription Expiration & Medication Beyond Use Date**

- Refer to the label for the expiration date of your prescription.
  - Your prescription expires in two ways:
    - You have used all the refills prescribed.
    - The prescription has reached the expiration date of one year (or six months for controlled drugs).
  - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

### **Ingredients**

The ingredients in our compounded medications are pharmaceutical grade. Our ingredients are purchased from FDA inspected and approved manufacturers and do not contain mercury, glucocorticoids, or other illegal contaminants.

### **Possible Ingredients and their Benefits:**

- **Alpha Lipoic Acid** - A good antioxidant and may also have an anti-inflammatory effect. Alpha lipoic acid is vulnerable to degradation by sunlight.
- **Argireline Peptide** - A synthetic peptide (six unit protein chain) used cosmetically to relax facial muscles, leading to a reduction in superficial facial lines and wrinkles with regular use.
- **Azelaic Acid** - A natural antioxidant and anti-inflammatory substance that is found in such as wheat, rye and barley. Effective for a number of inflammatory skin conditions

when applied topically. Normally recommended for the treatment of acne, and it may also help treat skin discoloration and reduce redness from rosacea.

- **CoQ10** - Also known as ubiquinone, CoQ10 is a fat-soluble substance present in all human cells. It is responsible for cell protection, stimulates collagen production, and helps reduce UV damage to skin. Some studies show that sun exposure can deplete CoQ10 in the skin.
- **D-Ribose** - A naturally occurring sugar made in the body from glucose and found in our DNA. Cosmetically, ribose helps reduce fine lines and wrinkles and provides energy to your cells.
- **Dimethylaminoethanol (DMAE)** - Also called deanol, is primarily used to improve skin firmness. It can improve the appearance of wrinkles, under-eye circles, and folds.
- **Estriol (E3)** - When applied to the skin, estriol can increase the moisture retention of skin cells. This results in increased elasticity and firmness, and reduced appearance of wrinkles.

**Possible Negative Side Effects:**

The ingredients used in your cream commonly have very few negative side effects. Watch for unwanted changes in skin color, redness, itching, hives and/or irritation. Contact your prescriber if you notice unwanted changes.

**Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.**