

Hair Growth Treatments

Benefits

- Possible uses include treatment and prevention of hair loss.
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

Side Effects – see last page for more detail

- Side effects other than those listed below may occur in some patients. If you experience an adverse event, please tell your physician immediately. You may also report your experience to the FDA Med-Watch Program at 1-800-FDA-1088.
- If you have been treated for skin cancer on the scalp or face, consult your dermatologist or cancer specialist before using this medication.

Administration

- Always follow the directions on your prescription label on how to take your medication.
- Do Not Take This Medication Orally
 - If you are using the medication as a spray, please refer to directions indicated on the medication and consult a pharmacist for any additional questions regarding administration of product.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.

Duty to Warn for Topical Medications

It is possible for topical medications to be transferred on to other individuals through casual contact which can lead to unwanted side effects in those individuals. To prevent their exposure, don't allow skin-to-skin contact of the treated area with other adults, children or pets. Keep the treated area covered with loose fitting clothing or lightly wrapped gauze until the drug is completely absorbed, which can take up to 4 hours.



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Hand washing does not remove all of the drug residue from your skin. It is best to apply medication with a disposable glove. Ask your pharmacist about any questions or concerns you might have.

Description

- If cream changes color or separates. Pause use, and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.

Additional Information/Warnings

- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over the counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician in order to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about the medicines you are taking or would like more information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please refer to receipt for a list of ingredients in your medication.

Storage

- Refer to the label on your prescription for refrigeration requirements (do not freeze).



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- If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
- If refrigeration is required store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit www.bigredbarrel.com
- Contamination may occur if the closed container device is tampered with. Do not open the device. It is designed to deliver the correct dose when used properly.

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all the refills prescribed.
 - The prescription has reached the expiration date of one year (or six months for controlled drugs).
 - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

Possible active ingredients (drugs) used in your hair growth formula

- Minoxidil - used to stimulate hair growth and slow balding.
- Tretinoin (Vitamin A) - used to stimulate hair growth and slow balding.

- Progesterone - works by reducing DHT (dihydrotestosterone), a substance considered to be responsible for damaging hair follicles
- Finasteride - used to treat male pattern hair loss by blocking the body's production of a male hormone in the scalp that stops hair growth.
- Hydrocortisone - used to treat skin inflammation and irritation.
- Azelaic acid – typically used to treat acne, azelaic acid also is thought to reduce DHT to prevent hair loss.
- Biotin (Vitamin B7) - used to help hair follicles produce strong and thick hair.

Negative Side Effects. Do Not Use dandruff shampoos, benzoyl peroxide or salicylic acid on your skin while using hair growth treatments unless your doctor tells you to do so.

- Minoxidil - scalp itching, dryness, scaling, flaking, irritation or burning. Call your doctor immediately if you notice the following: weight gain or swelling of the face, ankles, hands or stomach, difficulty breathing especially when lying down, rapid heartbeat, chest pain or lightheadedness
- Tretinoin (Vitamin A) - warmth or slight stinging, lightening or darkening of the skin, red, scaling skin, temporary increase in acne sores, swelling, blistering or crusting of the skin. **This medication should not be used in women of childbearing age, in pregnancy or breast feeding.**
- Progesterone - sex hormone found commonly in both women and men. Report unusual side effects to your doctor, such as breast tenderness, changes in menstrual cycle, or mood swings. When used topically in small doses, progesterone rarely causes unwanted side effects, and they reverse when treatment is stopped.
- Finasteride - rash, itching, hives, swelling of the lips or face, difficulty breathing. Tell your doctor if you have been or are currently being treated for prostate problems. Report unusual problems to your doctor, such as pain in the testicles, depression, decreased sexual desire or similar problems. **This medication should not be used in women of childbearing age, in pregnancy or breast feeding.**
- Hydrocortisone - may cause drying or cracking of the skin, acne, itching, burning or changes in color



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- Azelaic acid - may cause itching, burning, stinging and/or tingling.
- Biotin (Vitamin B7) - may cause minor rash or dry skin.

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.