

Skin Topical Treatment

Benefits

- Possible uses include treatment of rashes, various viral, fungal, or bacterial infections on the skin or in the mouth, recurrent autoimmune reactions, and skin redness and inflammation.
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

Side Effects

- Possible side effects include skin irritation or allergic reaction at the site of application.
- Severe side effects are rare but may occur. Severe side effects include shortness of breath, fast or irregular breathing, joint pain, fever, fast pulse, lightheadedness, fainting, swelling of face, hives, or itching.
 - If you experience a severe side effect while taking this medication, please call your physician immediately. You may also report the side effects to the FDA Med-Watch Program at 1-800-FDA-1088.

Administration

- Always follow the directions on your prescription label on how to take your medication.
- Topical: clean and dry the designated area, then apply the recommended amount of medication to the area and rub in well for 2 minutes. After administration, wash your hands thoroughly to prevent transferring the medication onto others.

Duty to Warn for Topical Medications

It is possible for topical medications to be transferred on to other individuals through casual contact which can lead to unwanted side effects in those individuals. To prevent their exposure, don't allow skin-to-skin to contact of the treated area with other adults, children or pets. Keep the treated area covered with loose fitting clothing or lightly wrapped gauze until the drug is completely absorbed, which can take up to 4 hours.



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Hand washing does not remove all the drug residue from your skin. It is best to apply medication with a disposable glove. Ask your pharmacist about any questions or concerns you might have.

Description

- If cream changes color or separates. Pause use and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.

Additional Information/Warnings

- If you miss a dose of this medication, take it as soon as possible. If it is almost time for your next dose, skip the missed dose and go back to your regular dosing schedule. Do not take 2 doses at once. If you have any questions, please contact your physician or pharmacist.
- Before taking this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over-the-counter medications.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about the medicines, you are taking or would like more information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please refer to receipt for a list of ingredients in your medication.

Storage

- Refer to the label on your prescription for refrigeration requirements (do not freeze).
 - If refrigeration is NOT required- store medication at room temperature in a cool, dry place. Do not store it in the bathroom, a vehicle, or any other location with varying temperatures or humidity.
 - If refrigeration is required, store in the refrigerator out of reach of children.



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- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment. Contact your local disposal company for more details about how to safely discard medications when they are expired or no longer needed. Big Red Barrel and Yellow Jug are national drug disposal programs. Visit www.bigredbarrel.com
- Contamination may occur if the closed container device is tampered with. Do not open the device. It is designed to deliver the correct dose when used properly.

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all the refills prescribed.
 - The prescription has reached the expiration date of one year (or six months for controlled drugs).
 - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

One or more of the following medications may be used in your compounded prescription (see the prescription label for ingredient list):

Acyclovir - antiviral that is effective against herpes virus (cold sores/shingles/chicken pox)

Calamine Lotion - used to treat itching and calm redness from skin irritation, bug bites, poison ivy and/or chicken pox

Calcipotriene - a synthetic Vitamin D analogue that can be used for plaque psoriasis

Camphor - used topically to reduce itching and pain, causes a cooling sensation, and has antimicrobial properties

Cholestyramine - helps prevent and heal diaper and skin rash

Cimetidine - used to treat various viral skin conditions



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Clindamycin - antibacterial agent used to treat skin infections and impetigo

Coal Tar - possible uses include treatment of chronic plaque psoriasis, dandruff, and other skin conditions

Deoxy-D-Glucose (DDG) - plant based antiviral and has an antiviral mechanism beneficial for treating herpes virus

Diphenhydramine - antihistamine used to relieve itching, sunburn and other skin irritations

Gabapentin - helps relieve nerve pain such as burning pain

Hydrocortisone - corticosteroid prescribed to relieve itching, redness, dryness, crusting, scaling and inflammation of various skin conditions. Use as prescribed. Tell your doctor if you are taking cancer chemotherapy agents, have diabetes, glaucoma, cataracts, circulation problems or immune disorders

Hydroquinone - used to treat discolored skin

Ibuprofen - a non-steroidal anti-inflammatory medication that will reduce inflammation and pain

Imiquimod - stimulates the immune system to be more active in a particular area of the skin

Ketoprofen - reduces inflammation which help relieve pain and swelling

Lidocaine/Tetracaine/Benzocaine - local anesthetic-helps decrease pain and itching

Menthol – used topically to reduce itching and pain, also causes a cooling sensation

Milk of Magnesia - antacid used to neutralize acid and decrease redness

Niacinamide (Vitamin B3) - helps with skin healing and has antibacterial properties

Nystatin - antifungal treatment for yeast infections often associated with diaper rash or similar type rashes

Tea Tree Oil - used for its antibacterial and anti-inflammatory properties

Tetracycline - used to treat or prevent bacterial infections of the skin

Triamcinolone (TMC) - corticosteroid used to treat the discomfort of skin irritation by reducing redness, dryness and itching – tell your doctor if you are taking cancer chemotherapy agents, have diabetes, glaucoma, cataracts, circulation problems or immune disorders

Urea - promotes shedding of scaly skin resulting in softening of areas, which improves blood flow to the wound and promotes healing

Zinc Oxide - used as a skin barrier to prevent irritation and help heal skin

Do not apply more than recommended dosage. If discomfort persists, contact your doctor for additional treatment options.

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.