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NAD⁺ Iontophoresis

If you would like to watch a video about this product, go to this website: <u>https://www.youtube.com/watch?</u> <u>v=gwTpmvNf_To</u>

Administration

- 1. Prepare the Site
 - a. To ensure adhesion, clip body hair in the area or apply patch to area of lesser hair. Do not shave. Use the alcohol wipe to clean treatment site thoroughly. Ensure that the treatment site is dry before applying the Activa Patch.
- 2. Prepare the Patch
 - a. Open the pouch and remove contents.
 - b. Gently apply your thumb to the battery case and remove the pull tab to activate the patch.
 - c. The LED will flash to indicate treatment mode. One flash every 4 seconds indicates an open circuit. This means the patch is functional and ready to use. If the circuit does NOT light up, discard the patch & use another.
 - d. Apply 40 drops from the dropper bottle provided and hydrate the reservoir (see diagram). Do **NOT** underfill or overfill the reservoir.
 - e. Note: Make sure that there are no visible dry spots. If dry spots are visible, touch up lightly with the tip of the dropper until they are gone.
- 3. Apply the Patch
 - a. Once the NAD⁺ has been added to the reservoir, peel the liner and place the patch directly on the treatment area. Do not compress the electrode on reservoir area, or solution may leak.
 - b. Once applied, leave the patch on for approximately 4 hours to allow complete delivery of the NAD⁺. The LED indicator and the power will turn off when dose is complete and the patch can be removed,
 - c. Store the multi dose NAD^{+} in the refrigerator



polymer which eliminates the need for saline	No Saline Required	i
	Inactive electrode is a carbon synthet polymer which eliminates the need for	
		19

Drug reservoir 2.0cc fill volume

parasitic battery drainage

Additional Information

- o Ionto ToGo patch is a drug treatment using a low current delivery system.
- The power is self-contained in the patch. No wires are required.
- Do not get electrodes wet, as this may cause the electrode to short.

Benefits

- Possible uses include treatment of neurodegenerative disease
 - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information

Side Effects

- Possible side effects include redness or irritation at the site.
 - Be certain the patch reservoirs are filled appropriately to reduce the risks of skin irritation.
 - Remove the patch with running water to break down the adhesive.
- If you experience a severe side effect while using this treatment, please call your prescriber immediately. You may also report the side effect to the FDA Med-Watch Program at 1-800-FDA-1088.

Additional Information/Warnings

- Before using this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over the counter medications.
- Inform your doctor if you are currently using other types of iontophoresis, electrophoresis or using a TENS unit. This may or may not be important for your doctor to know.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician in order to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug
 interactions, or adverse effects. If you have questions about the medicines you are taking or would like more
 information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- Please call 72 hours in advance for refills. 734-545-1117.
- Please refer to receipt for a list of ingredients in your medication.

Storage

- Refrigeration is required for the NAD⁺. Store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment.
- Dispose of the used patches in the trash can or return to our pharmacy for drug disposal.

Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
 - Your prescription expires in two ways:
 - You have used all of the refills prescribed.
 - The prescription has reached the expiration date of one year (or six months for controlled drugs).
 - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
 - Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.