

## Glutathione Iontophoresis

Before using this product watch this video: <https://www.iontopatch.com/how-to-apply-iontopatch>

### Administration

1. Prepare the Site
  - a. To ensure adhesion, clip body hair in the area or apply patch to area of lesser hair. Do not shave. Wash the treatment area with mild soap and water. Rinse and dry thoroughly. (Do not clean area with alcohol)
  - b. Store the multi dose Glutathione syringe in the refrigerator
2. Prepare the Patch
  - a. To the **negative** side of the patch, add 1mL (20 drops) of Glutathione medication.
    - i. The Glutathione will be added to negative (-) side of the patch. Glutathione is a negatively charged medication.
  - b. To the **positive** side of the patch add 20 drops of saline (pink plastic ampule, included) drop-wise until the patch is saturated to within 3 mm of outer edge of patch.
3. Apply the Patch
  - a. Once the Glutathione and saline have been added to their respective sides of the patch apply the patch to the treatment site.
  - b. Ensure patch is secure by applying gentle pressure to edges only. Do not apply pressure to the center of the patch.
  - c. Once applied, leave the patch on for approximately 6 hours to allow complete delivery of the Glutathione.
4. Remove Patch
  - a. Place patch under running water to help break down adhesive.
  - b. Discard used patch in regular trash.
5. Important to Remember
  - a. Store Glutathione in the refrigerator.
  - b. Saline does not require refrigeration.
  - c. Dispose of partially used saline ampules, do not reuse.

**Glutathione Dropper Bottle**



**Pink Sterile Saline Ampule**



### Additional Information

- Ionto Stat patch is a drug treatment using a low current delivery system.
- The power is self-contained in the patch. No wires are required.
- If you need to shower while wearing the patch, avoid putting the patch under the water stream as much as possible. If the patch does get wet, gently pat it dry with a soft towel. Do not immerse the patch in bath water.

### Benefits

- Possible uses include treatment of neurodegenerative disease
  - Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition. Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information

## Side Effects

- Possible side effects include redness or irritation at the site.
  - Be certain the patch reservoirs are filled appropriately to reduce the risks of skin irritation.
  - Remove the patch with running water to break down the adhesive.
- If you experience a severe side effect while using this treatment, please call your prescriber immediately. You may also report the side effect to the FDA Med-Watch Program at 1-800-FDA-1088.

## Additional Information/Warnings

- Before using this medication, tell your healthcare provider about all the medications you are currently taking including prescription medications, herbal supplements, vitamins, and over the counter medications.
- Inform your doctor if you are currently using other types of iontophoresis, electrophoresis or using a TENS unit. This may or may not be important for your doctor to know.
- Call your doctor immediately if you are pregnant, intend to become pregnant, or intend to breastfeed. Your doctor will need to review each medication used during pregnancy or breastfeeding.
- Continue to have routine appointments with your physician in order to assess and monitor your response to the medication and condition as recommended.
- Do not share medication with another person, even if they have the same symptoms you are experiencing.
- The information in this patient advisory leaflet is not intended to cover all possible uses, directions, precautions, drug interactions, or adverse effects. If you have questions about the medicines you are taking or would like more information, check with your doctor or pharmacist.
- This compound medication is customized for the patient and is exclusively available with the prescription from a prescriber.
- **Please call 72 hours in advance for refills. 734-545-1117.**
- Please refer to receipt for a list of ingredients in your medication.

## Storage

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- Refrigeration is required for the Glutathione. Store in the refrigerator out of reach of children.
- Compounded medications are not usually prepared in child resistant containers and should be kept away from children and pets. If you would like to have a lockable zip lock bag for your compounded medications, please call the pharmacy and ask the technician to include child resistant packaging with your refills.
- Unused medications left in the medicine cabinet can be a temptation for children and teenagers. Discard unused medications promptly. Do not flush drugs down the toilet or into the sink drain as they could be hazardous to the environment.
- Dispose of the used patches in the trash can or return to our pharmacy for drug disposal.

## Prescription Expiration & Medication Beyond Use Date

- Refer to the label for the expiration date of your prescription.
  - Your prescription expires in two ways:
    - You have used all of the refills prescribed.
    - The prescription has reached the expiration date of one year (or six months for controlled drugs).
  - When a prescription expires, allow plenty of time to visit your doctor and for the pharmacist to compound your prescription renewal.
- Refer to the *discard date* or *beyond use date* on your bottle to learn when your medication should be discarded. Compounded medications have a shorter shelf life than those of manufactured drugs. The beyond use date is the longest date we can guarantee full potency of your medication.

**Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.**