

## GHK-Cu Topical Cream

### Benefits

- GHK-Cu (Copper Peptide) topical cream may support skin regeneration and repair.
- Possible uses include improving skin elasticity, reducing the appearance of fine lines and wrinkles, promoting wound healing, and supporting hair growth in certain areas.
- It may also help reduce inflammation, improve skin tone and texture, and support collagen and elastin production.
- CHK-Cu is sometimes used in dermatologic and cosmetic applications to promote healthier, more youthful-looking skin.
- Doctors may prescribe medications for off-label use, meaning the FDA has not approved the medication to treat that specific condition Ask your pharmacist or physician if you have any questions regarding the use of your medication.
- The amount of time it takes to see the full effects of the medication varies between each patient. Consult your prescriber for additional information.

### Side Effects

- Possible side effects include mild skin irritation, redness, itching, dryness, or a temporary burning sensation at the application site.
- Allergic reactions are rare, but may include rash, swelling, or severe irritation.
- Use of this medication during pregnancy should be guided by your obstetrician. If you are pregnant, wish to become pregnant or are breastfeeding, contact your doctor before using this medication.
- Severe side effects are rare, but may occur.
  - If you experience a severe side effect while taking this medication, please call your physician immediately. You may also report the side effect to the FDA Med-Watch Program at 1-800-FDA-1088.

### Administration

- Always follow the directions on your prescription label on how to take your medication.
- **Topical Use Only:**
  - Clean and dry the designated area before application.
  - Apply the recommended amount of cream to the affected area.
  - Gently rub in the medication for approximately 1-2 minutes or until fully absorbed.
  - Wash your hands thoroughly after application to prevent transferring the medication to other areas or individuals.

## **Duty to Warn for Topical Medications**

It is possible for topical medications to be transferred on to other individuals through skin-to-skin contact, which can lead to unintended exposure and side effects.

- Avoid direct contact between the treated area and others (adults, children, and pets).
- Keep the treated area covered with loose-fitting clothing or gauze until fully absorbed (may take up to four hours).
- Hand washing may not remove all residue; consider applying with a disposable glove.
- Contact your pharmacist with any questions or concerns.

## **Description**

- Light blue in color. If cream changes color or separates. Pause use, and contact the pharmacy at 734-545-1117 extension 0 and ask to speak to a representative.

## **Additional Information/Warnings**

- Inform your healthcare provider if you are pregnant, planning to become pregnant, or breastfeeding.
- Notify your prescriber of any changes to your medication regimen, including over-the-counter products, supplements, or skincare treatments.
- Do not abruptly stop using the medication without consulting your provider.
- Certain dermatologic procedures may require temporary discontinuation – consult your provider in advance.
- If you experience significant skin changes or irritation, contact your prescriber.
- If you miss a dose of this medication, apply it as soon as possible. If it is close to your next scheduled application, skip the missed dose, apply it as soon as possible. Do not apply extra to make up for a missed dose.
- Before using this medication, inform your healthcare provider of all medications and products you are currently using.
- Continue routine follow-ups with your healthcare provider to monitor your response.
- Do not share medication with others.
- This leaflet does not include all possible uses, precautions, or side effects. Contact your healthcare provider or pharmacist for additional information.
- This compound medication is customized specifically for you and requires a valid prescription.
- Please refer to receipt or prescription label for a complete list of ingredients.

### **Storage & Disposal**

- Refer to your prescription label for storage instructions
  - Store medication at room temperature in a cool, dry place unless otherwise directed.
  - Do not store in the bathroom, vehicles, or any other location with fluctuating temperatures or humidity.
- Keep out of reach of children and pets. Compounded medications may not be dispensed in child-resistant containers.
- Ask your pharmacy about child-resistant packaging options if needed.
- Do not use if the container appears to be tampered with.
- Dispose of unused medication properly. Do not flush or pour down drains.
- Contact your local waste disposal service for safe disposal options.
- For creams contamination may occur if the closed container device is tampered with. Do not open device. It is designed to deliver the correct dose when used properly.

### **Prescription Expiration & Medication Beyond Use Date**

- Refer to your prescription label for the expiration date.
  - Prescriptions may expire after all refills are used or after one year (sooner if specified).
- Refer to the *discard date* or *beyond use date* on the container for when the medication should be discarded.
- Compounded medications have a shorter shelf life than those of manufactured drugs.
- Plan ahead for refills to avoid interruption in therapy.

**Please contact Valiant Compounding Pharmacy at 734-545-1117 or toll free at 855-466-2583 with any questions, concerns, or for prescription refills.**